

CASE STUDY FORM

Symptoms & Quality of Life Before Alignment Correction:

Carrie presented to our West Bend Chiropractic Office with severe vertigo, ear fullness, low back pain, and sciatic nerve pain. She was unable to drive or walk straight. She was unable to get out of bed for 4-5 days at a time. Carrie was having trouble driving because of her vertigo. It was to the point where her vertigo was even making her sick. She was unable to look up at the ceiling and couldn't even look up at a shelf in a grocery store or she would pass out or black out because the vertigo was so severe. Carrie could not look over her shoulder to drive. She also notes her eyes would spasm almost like shaking dice. Her quality of life was very poor. She was unable to bend due to her back pain. She constantly felt stuck and couldn't straighten up. She spent majority of her time sitting on a heating pad. Her sciatic nerve also caused her to limp.

Previous Medical Treatments:

Prior to visiting our office, Carrie had tried visiting an allergist to see if she was allergic to something causing her vertigo, an ENT, constant heating pad for her pain, daily Tylenol and Excedrine, various physicals and exams from her primary, even went down to Froedert in Milwaukee for a hearing test to test for hearing loss.

Recommendation and Technique Used:

Carrie was recommended a 90 day care plan in our West Bend Chiropractic Office. Within that first 90 days, her treatment plan consisted of frequent weekly visits that checked her atlas alignment and adjusting with NUCCA technique. She also had an alignment correction done at the beginning of her care plan. This visit consisted of a series of adjusting, x-ray, and resting to correct her atlas alignment.

Symptoms and Quality of Life After Alignment Correction:

After the alignment correction, Carrie notes that her vertigo and dizziness are gone. She is able to drive without any issues. She also can get out of bed without feeling like she has a kink in her neck and back. Her ears have opened up to the point that she didn't know that she wasn't able to hear before. The foggy/lethargic feeling in her head is now gone. She notes no more spinning. Carrie says she is moving around better and faster. She is able to look from her computer screen down to her desk at work without the feeling of nausea and passing out.

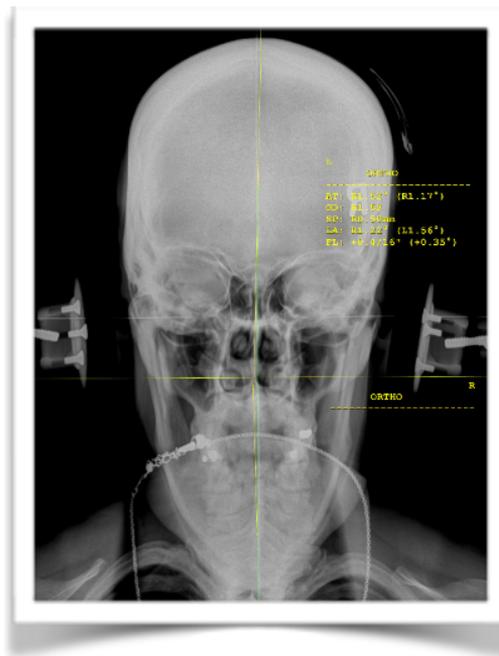
What Did You Think About NUCCA? Any Skepticism or Concerns?:

Carrie's experience at our West Bend Chiropractic Office was very pleasant compared to her original skepticism on chiropractic care in general. She had fears of getting her neck cracked. Carrie found our office because of the difference in technique and approach, primarily that there was no rotating, twisting, or cracking involved. She notes that the adjustments were relaxing, almost like she was taking a nap. She could actually feel the pressure releasing from her ear during her adjustment and she realized to was actually starting to hear better than she was before NUCCA. She notes that after each visit she felt better and better.



PRE X-RAYS SHOW:

Atlas laterality **3.82** degrees to the right with associated head tilt **4.16** degrees to the right. Lower neck shifting to the right **1.79** degrees. Left shoulder high.



POST X-RAYS SHOW:

Atlas laterality went from **3.82** degrees to the right to **1.52** degrees, Her head tilt went from **4.16** degrees to the right to **1.17** degrees. Lower neck shifting to the right **1.79** degrees to **1.2** degrees. Shoulders leveled.