# CASE STUDY FORM

## Symptoms & Quality of Life Before Alignment Correction:

Kay presented to the office with extreme pain. She stated "I felt like a cement truck hit me. My entire body was in pain. I could hardly function. My quality of life was almost nonexistent. I had all I could do to get just to get out of bed less alone get dressed and ready for work. Moving any part of my body caused discomfort. After driving an hour to work it took me forever to get out of my car and moving. People would comment "it looks like you are in pain." Sleep was almost nonexistent since it hurt to lay down or even move while attempting to sleep. Over a four-year period since my accident I dealt with different degrees of discomfort.

### **Previous Medical Treatments:**

Prior to visiting our office, Kay worked with Aurora health professionals and other chiropractors. Neither parties recognized the root cause of her pain.

## Symptoms and Quality of Life After Alignment Correction:

Kay started NUCCA treatment early 2019 when she was in the worst shape she has been in. After the Alignment Correct with NUCCA, she is in awe of her progress. It was a challenge, but she believes the NUCCA alignment was the reason for her success.

#### Were You Skeptical Or Concerned About Anything Prior To Coming To Gardner Schofield Chiropractic (Any Initial Concerns With Our Techniques, Processes, or Plans?)

"I was concerned. After struggling for four years, I had little hope of finding relief."

#### Dr. FJ or Dr. Terry is a very special doctor because.....

He knows how to get to the root cause of discomfort, and he has a very nice demeanor.

## What Did You Think About NUCCA?

"I believe in NUCCA. I feel it should be a part of everyone's health experience. I formerly believed that exercise/physical therapy was the road to success. But in my case I needed to have the proper alignment for exercise to work."

## I would recommend my friends and family to Gardner Schofield Chiropractic because...

NUCCA works. I am grateful that I found Gardner Schofield Chiropractic. The entire staff is a pleasure to work with.

