

# CASE STUDY FORM

## **Symptoms & Quality of Life Before Alignment Correction:**

Melanie presented to the office with right knee pain. The pain was mild to severe, and very painful while walking. Stairs were very difficult and she experienced pain while doing so.

## **Previous Medical Treatments:**

Prior to visiting our office, Melanie had tried physical therapy.

## **Recommendation and Technique Used:**

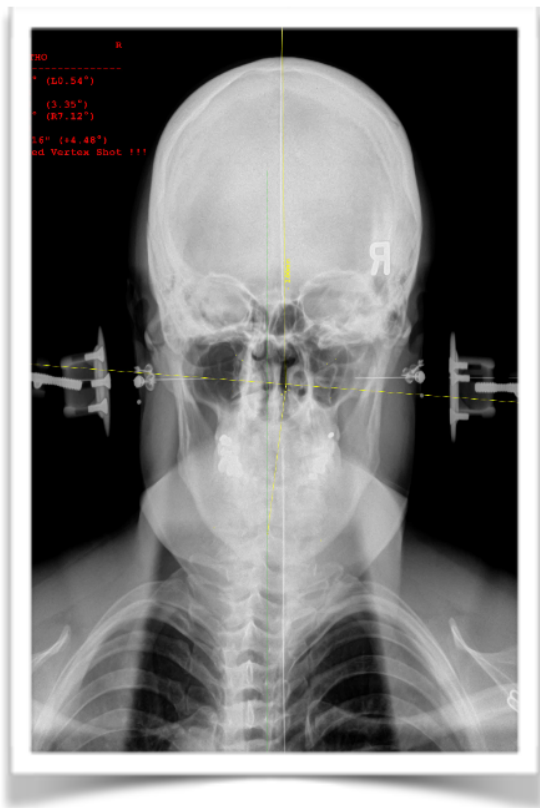
Melanie was recommended a 90 day care plan in our West Bend Chiropractic Office. Within that first 90 days, her treatment plan consisted of frequent weekly visits that checked her atlas alignment and adjusting with NUCCA technique. She also had an alignment correction done at the beginning of her care plan. This visit consisted of a series of adjusting, x-ray, and resting to correct her atlas alignment. Techniques used with NUCCA included, Thompson, DNFT, and COX Flexion

## **Symptoms and Quality of Life After Alignment Correction:**

After the alignment correction, Melanie noted that she experiences almost no pain, or very rare episodes of pain.

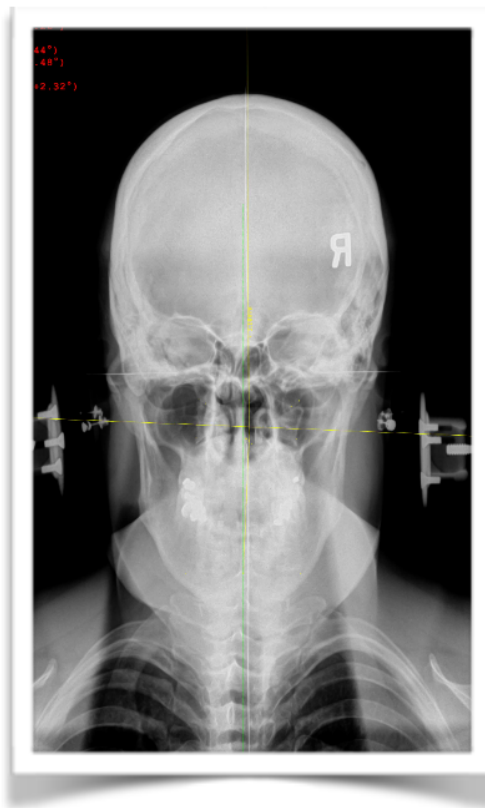
## **What Did You Think About NUCCA?**

Melanie shares : "NUCCA was very easy. There was no work on my part. Within a few visits the pain dissipated."



### **PRE X-RAYS SHOW:**

Atlas laterality **5.03** degrees to the left with associated head tilt **0.54** degrees to the left. Lower neck shifting to the left **2.64** degrees.



### **POST X-RAYS SHOW:**

Atlas laterality went from **5.03** degrees to the left with associated head tilt **0.54** degrees to the left to **2.58** degrees to the left with **0.26** degrees left head tilt. Lower neck shifted to the left **2.64** degrees to **0.16** degrees to the left.